

THE Penn Street LETTER

First Presbyterian Church, Fort Worth

MAY 2022 | Volume 22, Number 5



ALL CHURCH LABOR DAY WEEKEND RETREAT AT MO-RANCH: September 2-5, 2022



Enjoy a weekend oasis where we connect faith, fellowship and friendships at Mo-Ranch, a beautiful Presbyterian camp located in the Texas hill country. New this year: a luau, a new location for s'mores campfire, renovated Pheasant Run rooms, a Saturday afternoon time slot for high ropes, and subsidized housing and meal costs.

To help us plan, please register by June 1 and submit a 50% deposit of your total. The balance will be due August 1. Register at fpcfww.org/moranch.

Lodging/Hotel Accommodations:

- Wynne/Flato lodging per night: \$120
- Pheasant Run lodging per night: \$110
- Nicklos Barn Group Housing with kitchen facilities per night: \$140
- Camp Sites for Tent Camping per night: \$44

Meals:

- Ages 0-3: Free
- Ages 4-11: \$50 for 7 meals (breakfast Saturday, Sunday, Monday; Lunch Saturday and Sunday; Dinner Saturday and Sunday)
- Ages 12 and older: \$75 for 7 meals (breakfast Saturday, Sunday, Monday; Lunch Saturday and Sunday; Dinner Saturday and Sunday)

Activities:

- Worship together at Chapel on the Hill Sunday morning
- Land: waterfront, hiking, labyrinth, playgrounds, star gazing, bird watching, gaga pits, courts for volleyball, tennis, basketball, etc.
- Water: swimming pool (adult and child pools), waterfront, Mo-Slide, canoes, rapids on the Guadalupe River
- Extra optional activities: high ropes course, stand up paddleboarding, rock climbing, critters class



MOasis

REGISTER
BY JUNE 1:
FPCFW.ORG/MORANCH



PASTOR'S LETTER

Dear friends,

As the summer quickly approaches, it seems natural that thoughts turn to travel for many people. Vacations, family reunions, and more have been a regular part of the rhythm and flow of life for years. Except of course 2020 and 2021. Of the many disruptions and losses COVID brought about these last two years, not travelling was a particularly hard loss to absorb.

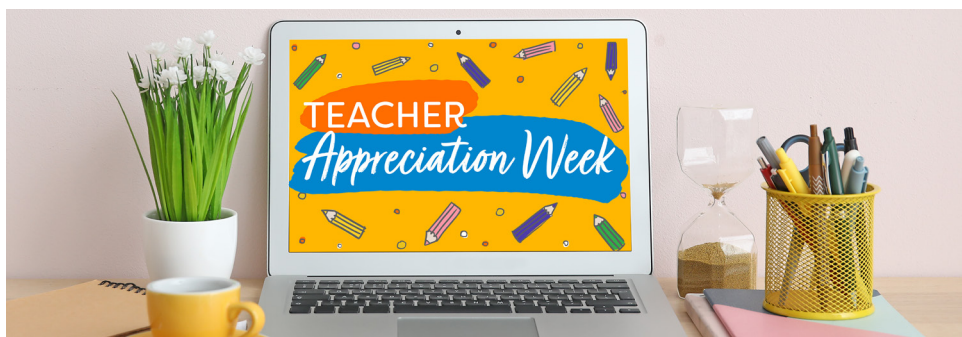
As we reengage more normally now with our rhythms and routines, it is exciting that travel is once again possible. This is true in the church as well. Already this spring elementary aged kids have gone on a weekend retreat and the youth have enjoyed a camping trip. This summer youth and adults will embark on a Civil Rights Mission Pilgrimage, children and youth will enjoy camps and conferences, and several of our music staff will attend a Worship and Music Conference. During these special times of travel relationships will deepen with God, with one another, and with sisters and brothers across the country.

Looking ahead, in 2023 First Presbyterian adults will have an opportunity to travel internationally. A June 6 – 13, 2023 tour of Scotland is forming now for adults seeking to experience the rich religious history and beauty of Scotland. All adults are welcome to travel, and a special feature of this adult study trip is the participation of the First Presbyterian Touring Choir that will present two concerts and sing in a Sunday worship service.

If you would like information about the 2023 Scotland Tour, please contact me in the church office for more information. Early bird deposits of \$195 to secure a place on the tour are due by May 29.

With gratitude for the ability to travel again, with gratitude for upcoming children, youth and adult trips through First Presbyterian, and with prayers for safety this summer as people vacation, reunite with family, and find times of rest and retreat... God's peace,

Michael



MAY 2-6 IS TEACHER APPRECIATION WEEK

May 2-6 is National Teacher Appreciation Week, and FPC's Early Education Center will be celebrating our wonderful staff during that week. Teaching is truly a labor of love and we want our teachers to know how deeply we appreciate them. The work they do is by no means easy, but it is valuable and has a lasting impact on students and families. Throughout the week students and families will spoil our incredible EEC teachers with notes, small gifts, and words of appreciation. If you know a teacher, make sure to thank them this week for the work they do!

SUBMISSIONS

Submissions for the **JUNE** issue of the Penn Street Letter are due **Wednesday, May 18**. Submissions for the weekly Penn Street Online emailed newsletters are due the Wednesday prior to each week's issue. Please send to Pam Burkholder at pamb@fpcf.org.

FOLLOW US

Do you follow First Presbyterian on social media? If not, find us on the following sites and follow along for photos, reminders, encouragement, and more.



@firstpresfw



@firstpres_fw

PUBLISHER INFO

The Penn Street Letter is published monthly by First Presbyterian Church, 1000 Penn Street, Fort Worth, TX 76102-3496. Periodicals postage is paid at Fort Worth, TX and at additional offices.

Editor: Pam Burkholder

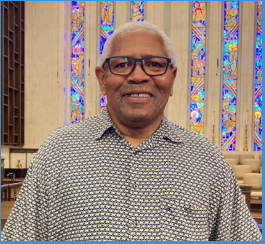
POSTMASTER: Send address changes to The Penn Street Letter at 1000 Penn Street, Fort Worth, TX 76102-3496.

WELCOME, NEW MEMBERS!

Please join the Evangelism Committee in welcoming the following new members:



Cindy Adams, who joined FPC by profession of faith on Sunday, March 27. Cindy is retired from commercial real estate. She and her husband, John, have two adult daughters.



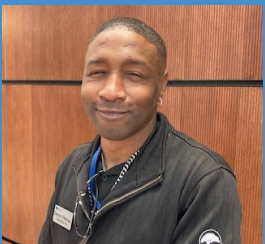
Rick Amos, who joined FPC by profession of faith on Sunday, April 3. Rick is retired from the US Navy and the City of Corinth.



Mary Bradlee and Chris Baker, who joined FPC by reaffirmation of faith on Sunday, March 27. Mary Bradlee is a teacher in FPC's Early Education Center, and Chris is a USMC pilot and aircraft maintenance officer. They have two daughters, Adaline and Charlotte.



Karen Dean, who joined FPC by transfer of membership on Sunday, April 3. Karen is the sister of new member Kathy Taylor. Karen is retired from a career in education. She and her husband have 3 adult daughters.



Damon Freeman, who joined FPC by profession of faith on Sunday, March 27. Damon is a maintenance technician at Trinity Terrace, and previously worked at FPC.



Kathy Taylor, who joined FPC by transfer of membership on Sunday, April 3. Kathy is the sister of new member Karen Dean. Kathy is retired from the University of North Texas.

PLANNED GIVING: WHAT IS YOUR LEGACY?

PLANNING YOUR LAST WILL & TESTAMENT



Creating a will gives your family peace of mind knowing your wishes, and leaves these last important decisions about your estate up to you and not the courts.

Creating a will is easy. Start with these five easy steps:

1. Determine the needs of your family.
2. List the ministries you would like to support.
3. Finalize recipients to be named in your will.
4. Contact an attorney.
5. Enjoy life to its fullest knowing your legacy of faith will live on!

Your will can be a faith statement -- not only a legal and financial statement. Once you have provided for your loved ones, you can choose to give to ministries that are meaningful to you. This decision of planned gifts is one message of your faith and an exercise of stewardship. A planned gift can be best accomplished when creating, reviewing, or rewriting your will.

If you have questions about setting up your will and/or including planned giving to First Presbyterian Church, please contact Dana Fickling, FPC's Church Administrator, at 817.335.1231 or dfickling@fpcfw.org today.

Senior Youth

DINNER

Sunday, May 15

6 p.m.

FPC Youth Center

BE INSPIRED...

Below are some upcoming opportunities for being inspired into a life of discipleship through church events and education opportunities.



WELLNESS BRUNCH: MAY 1

FPC's Wellness Committee invites you to a complimentary brunch on Sunday, May 1 at 12 noon in the Great Hall. The theme is 'Energy for Living' and will feature

a cooking demonstration by FPC's Director of Hospitality and Food Service, Heath Brosi. Heath will show us how to prepare breakfast and lunch dishes to boost energy throughout the day. Come enjoy a delicious meal with good fellowship and learn something new!

MAY IS FIRST PRES WALKING MONTH!

The FPC Wellness Committee invites you to make May "First Pres Walking Month"! The weather is now perfect for early morning or evening walks to start or finish your day in health. Walking is a great way to get daily activity and offers many health benefits no matter what your health goals are. The benefits of regular brisk walking include:

- *Helping to maintain a healthy weight or to lose weight if that's your goal*
- *Prevention of several chronic conditions such as heart disease, stroke, type 2 diabetes, and cancer*
- *Improving cardiovascular fitness, balance, and coordination*
- *Strengthening bones and muscles*
- *Improvement of mood, mental function, memory, and sleep quality*
- *Reducing stress*

The Department of Health and Human Services recommends most adults get at least 150 minutes of moderate aerobic activity per week, which is just over 20 minutes a day. Walking can help meet these recommendations, and the best part about walking is that you don't have to do it all at once to reap the benefits from it! For example, if you're not a regular walker, start out slowly with a goal of walking 5-10 minutes a day and build from there. Walking during your lunch break or after dinner is a great time to fit in 10-15 minutes of walking, with the added bonus of helping bring down blood sugar following a meal! You can also alternate leisurely walking with brisk walking every few minutes to get more cardiovascular benefits and burn more calories.

Walking with friends or a group is a great way to stay motivated. First Pres has many members interested in regular walking, so ask a fellow church member to join you, or reach out to the Wellness Committee to help find a walking group. You can also boost your motivation by sharing your walking successes on social media, including FPC's new walking selfie campaign #firstpreswalks!



MAY MOMS WRAP-UP: MAY 23

Let's gather at Maggie's R&R (1264 W. Magnolia) on May 23 at 7 p.m. to wrap up the school year together. Appetizers will be provided. RSVP at fpcfw.org/moms.



CONCERTS IN THE GARDEN: JUNE 16

The Boomers Fellowship Ministry is gathering for Fort Worth Symphony's Concerts in the Garden with featured artist Asleep at the Wheel. Enjoy an evening with friends, food, and music on Thursday, June 16. Tickets are \$35 and include table seating and a boxed meal. Meal details will be communicated at a later date. Register at fpcfw.info/boomersinthegarden



COMPANIONS FOR THE JOURNEY BEGINS MAY 8

The point of spiritual formation is transformation into ever-greater Christlikeness. The metaphor that best captures this process of putting on Christ is the spiritual journey. And as in any other journey that we undertake, it is helpful to have signposts along the way.

Beginning on May 8 and extending through June 26, the Spiritual Formation Committee will be highlighting eight individuals who span fifteen centuries of the Christian story, from 5th century Benedict to 20th century MLK. Each individual's story and teachings shed light on a different aspect of this all important journey of Christian transformation. Register at fpcfw.info/journey and learn from this cloud of witnesses.

ENGAGE THE WORLD...

Below are a few ways we engage with others through church events and outreach opportunities.



Are you interested in volunteering at Community Crossroads? Contact Dori Al Hammami (dalhammami@fpcfw.org) for more information!



WOMEN NEEDED
FOR MENTOR 2.0 AT THE
YOUNG WOMEN'S LEADERSHIP
ACADEMY

MENTOR A HIGH SCHOOL STUDENT IN YOUR SPARE TIME

Trade an hour of mindless screen time scrolling for making a meaningful difference in the life of a student! The Mentor 2.0 program through Big Brothers Big Sisters (<https://bbbstx.org>) connects a high school student from three area high schools (Young Women's Leadership Academy, Young Men's Leadership Academy, and the Collegiate Academy of Grapevine Colleyville ISD) with a mentor that meets virtually each week and monthly in person. Weekly written online communications and once-per-month in-person group events follow an established curriculum focused on helping the 9th-12th grader do well in school, college preparation, and career exploration. A once-a-month in-person time commitment makes it easy to work into a volunteer's schedule! All volunteers must complete a background check and interview. For more information on the program and to sign up, visit fpcfw.org/engagementfw.



Are you or someone you know looking for a busy and diverse place to serve with many different opportunities? Community Crossroads needs drivers with

vehicles to pick up from area grocery stores and deliver to the center, clothing volunteers to sort and organize donated clothing, volunteers to help with building security monitoring (a seated job), and hospitality team members to prepare coffee and refreshments for neighbors as they arrive. Contact Dori Al Hammami (dalhammami@fpcfw.org) for more information.

Inspiring Disciples... Engaging the World...

Expansive and multi-faceted, the Children and Youth Ministries of First Presbyterian Church nurture the faith and development of hundreds of children, youth, and their families.

The Children's Christian Nurture Committee plans for and engages in a variety of ministries for children and their families:

- Church School on Sundays
- Fellowship Groups for Children
- The Early Education Center (EEC)
- Children's Music Opportunities
- Camp and Conference Opportunities
- Special Events for Children and their Families
- Sacrament Workshops
- And more!

The Youth Christian Nurture Committee plans for and engages in a variety of ministries for youth and their families:

- Church School on Sundays
- Middle School Youth Group
- Middle School Bible Study
- Senior High Youth Group
- Senior Bible Study
- Confirmation
- Youth Music Opportunities
- Mission Trips
- Camp and Conference Opportunities
- Workshops and Seminars on a variety of important topics
- And more!

To learn more about Children and Youth Ministries, visit the church website at www.fpcfw.org/children.

Easter AT FIRST PRES



FIRST PRES FUN & GAMES

SATURDAY, MAY 14
COME & GO FROM 9 A.M. TO NOON
FREE FOR ALL AGES
FPC GYM, ATRIUM, & YOUTH CENTER



PICKLEBALL
9-SQUARE IN THE AIR
CORNHOLE
BOARD/CARD GAMES
YOGURT BAR

SPONSORED BY THE FIRST PRES FELLOWSHIP AND WELLNESS COMMITTEES

JOYS & CONCERNS

Following are the joys and concerns as of April 21, 2022. To respect the privacy of those listed, names are included only when the individuals grant permission. Are you in the hospital or dealing with an illness? Let us know by contacting Parish Visitor Jennifer Regen in the church office. Let us keep the following persons in our thoughts and prayers this week...

Our loving sympathy to...

Jan and Pete Lacina on the death of Jan's mother, Linda Guidry, on April 3 in Nacogdoches. Other FPC family members are granddaughters, **Caroline Lacina** and **Grace Lacina**.

Linda Beckworth on the death of her mother, Eloise Davidson, on April 5.

Sam and Katy Hobbs on the death of Sam's stepfather, John Stenger, on April 6. Other FPC family members are grandsons, **Gage Hobbs** and **Lowdon Hobbs**.

Our loving thoughts and prayers are with...

Kay Gunn, Janie Hart, Bob Parmelee, Velma James, Marion Lester, Mike Bailey, Karl Kuipers, Susie Kuipers, Paula Robertson, Janet Ragsdale, and Mike Millar, who are recovering from surgery or injury.

Chuck Sullivan, Raymond Daniel, Lucy Redrow (daughter of Leigh Ann and **Grant Redrow**), **Mike Bryan, Betty Dunham, Marilyn Love, Paul Campbell, Catherine Elkins, Glynda Coffey, Sarah Graham, Jim Goble, Jerry Brownlee, Frank Stewart, Karl Travis, and Frances Blake**, who are dealing with illness or undergoing treatment.

Our caring prayers for extended family include...

Jo Gordon (daughter-in-law of **Pat and Bill Gordon**), **Carolyn Brewer** (sister of **Liz Barber**), **Tahji Hoffman** (great niece of **Rachele Williams**), **David Sloan** (father-in-law of **Murray Hilyard**), **Cora McCoy** (mother-in-law of **Lesley McCoy**), **Paula Perkins** (sister of **Susie Kuipers**), **Audrey Hart** (great-granddaughter of **Bob and Jane Trask**), **Ann Welch** (sister of **Andrea Frankenfield**), **Nancy Hatfield** (mother of **Sarah Haddock**), **Lynn Prater** (daughter of **Harlene Satterfield**); **Bill Neil** (brother of **Marilyn Love**), and **John DeMore** (son-in-law of **June Sprott**).

Prayers for peace in our world and for the safety of **Capt. Rolf Tilley** (son of **Katie and Jaret Tilley** and the grandson of **Janelle Eklund**), who is serving in the US Air Force in Japan. Prayers for the safety of **Pape Russell** (grandson of **Barbara Russell**), who is serving in the US Navy. Prayers for the safety of **Thomas Shelby** (son of **Ellen Buck** and the grandson of **Vance and Donna Laminack**), who is serving in the US Navy in Japan. Prayers for the safety of **Diego A. Saldivar** (son of **Becky and Renee Saldivar**), who is serving in the US Navy. Prayers for the safety of **Nathan Gunter** (nephew of **Russell and Vivian Norment**), who is stationed in Korea. Prayers for the safety of **Cullen Cline** (grandson of **Bill and Glinda King**) who is serving in the US Navy.

Prayers for those affected by the coronavirus pandemic including medical professionals and healthcare providers.

We pray for our mission coworkers: **Cindy Corell** in Haiti, **Jed and Jenny Koball** in Peru, **Cathy Chang and Juan Lopez** in Manila. We pray for our partner congregations: **Mount Moriah Missionary Baptist** in Fort Worth and for the congregations of **Buen Pastor, Resurrection, and Cidra Presbyterian Churches** in Cuba.

Our congratulations and best wishes to...

Brian and Katie Wharry on the birth of **Anna Hensleigh Wharry** on April 4, 2022. Anna joins big brothers **Thomas** and **Robert**. Proud FPC grandparents are **Bob and Susan Wheeler**.



CALENDAR HIGHLIGHTS

Below are some highlights of special events happening in May. For a complete calendar, visit fpcfw.org.

SUNDAYS IN MAY

- 8 a.m. Worship in Chapel
- 9 a.m. Worship in Great Hall
- 10 a.m. Church School for All Ages
- 11 a.m. Worship in Sanctuary & Livestream
- 2 p.m. WHAM Worship Arts Classes
- 2:45 p.m. Children's Choir
- 3:30 p.m. Grief Group
- 3:30 p.m. Children's Bell Choir
- 3:30 p.m. Youth Choir
- 4:30 p.m. High School Bells
- 4:30 p.m. Middle School Youth Group
- 5:30 p.m. Youth Dinner
- 6 p.m. Middle School Bells
- 6 p.m. High School Youth Group

WEDNESDAYS IN MAY

- 5:30 p.m. WOW! Worship & Meal (Community Crossroads)
- 6 p.m. Fellowship Choir Rehearsal
- 7 p.m. Chancel Choir Rehearsal
- 7 p.m. Grace Notes Rehearsal
- 7:30 p.m. High School Bible Study

SUNDAY, MAY 1

- 12 p.m. All Church Brunch in Great Hall
- 5 p.m. Youth Ping Pong Tournament

TUESDAY, MAY 3

- 5 p.m. Young Adult Gathering
- 6 p.m. Young Adult Hosted Choice Pantry

TUESDAY, MAY 10

- 10 a.m. PW Day Circles begin
- 7 p.m. Young Adult Study & Discussion

SATURDAY, MAY 14

- 9 a.m. First Pres Fun & Games

SUNDAY, MAY 15

- All Day Peanut Butter Sunday (donations collected)
- 9 a.m. Jazz Sunday in Great Hall (livestream at 11 a.m.)
- 6 p.m. Senior Youth Dinner
- 6:30 p.m. Taize Worship in Chapel

TUESDAY, MAY 17

- 10:30 a.m. PW Tuesday Together

SATURDAY, MAY 21

- 9 a.m. Family Service Saturday
- 4 p.m. Habitat 100th House Celebration

SUNDAY, MAY 22

- 4 p.m. End of Year Party for Youth Group

MONDAY, MAY 23

- 7 p.m. MOMS Wrap-Up Gathering

TUESDAY, MAY 24

- 7 p.m. Young Adult Study & Discussion

MONDAY, MAY 30

- All Day Church Offices, Early Education Center, and Community Crossroads closed



THE penn street LETTER

First Presbyterian Church
1000 Penn Street
Fort Worth, TX 76102

PERIODICALS
POSTMASTER:
Send address changes to
The Penn Street Letter,
1000 Penn Street
Fort Worth, TX 76102

Church Office
Ph: 817.335.1231
Fax: 817.335.5663

WWW.FPCFW.ORG



Rev. Brendan McLean reflected on his two years at FPC at Presbyterian Women's Tuesday Together on April 19. During the gathering, PW surprised Brendan with the gift of a prayer shawl.

For more photos and videos of FPC in action, FOLLOW at...

